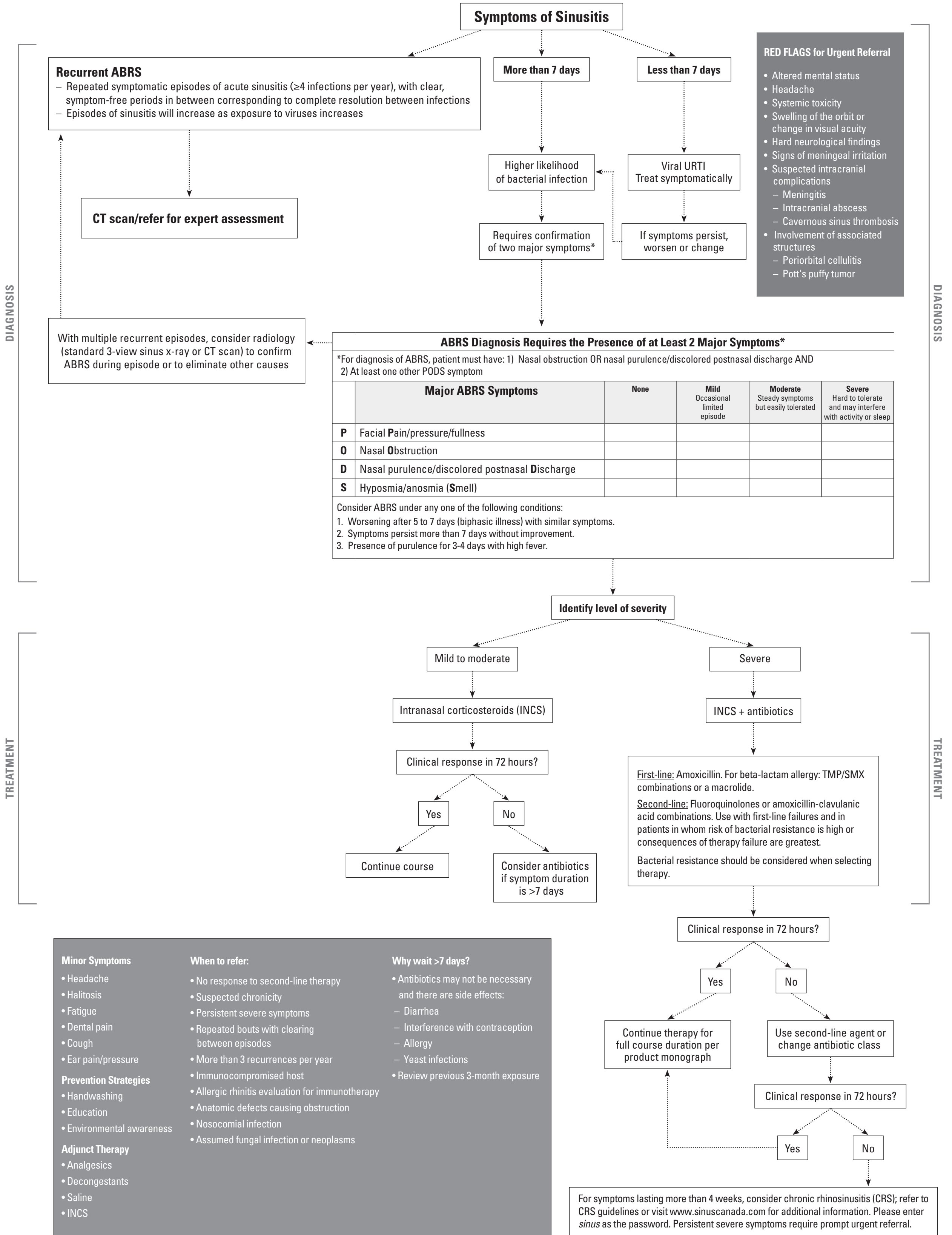


Acute Bacterial Rhinosinusitis (ABRS)



Minor Symptoms	When to refer:	Why wait >7 days?
<ul style="list-style-type: none"> Headache Halitosis Fatigue Dental pain Cough Ear pain/pressure 	<ul style="list-style-type: none"> No response to second-line therapy Suspected chronicity Persistent severe symptoms Repeated bouts with clearing between episodes More than 3 recurrences per year Immunocompromised host Allergic rhinitis evaluation for immunotherapy Anatomic defects causing obstruction Nosocomial infection Assumed fungal infection or neoplasms 	<ul style="list-style-type: none"> Antibiotics may not be necessary and there are side effects: <ul style="list-style-type: none"> Diarrhea Interference with contraception Allergy Yeast infections Review previous 3-month exposure

Prevention Strategies

- Handwashing
- Education
- Environmental awareness

Adjunct Therapy

- Analgesics
- Decongestants
- Saline
- INCS

For symptoms lasting more than 4 weeks, consider chronic rhinosinusitis (CRS); refer to CRS guidelines or visit www.sinuscanada.com for additional information. Please enter *sinus* as the password. Persistent severe symptoms require prompt urgent referral.